A Month of Musical Successes for Diamond Harbour School

Two major events in the last month highlighted the considerable musical talents of our local primary school students, but of course they were both the culmination of many hours and lots of practice and effort by not just the stars who took to the stage but also the dedicated team of teachers and parents who made it all happen.

Demon Beagle Band

This began when parent Sally Craw suggested the school form a band to enter the Rockshop Bandquest, an annual nationwide competition for primary school students. Auditions were held and under Sally’s guidance Demon Beagle formed and rehearsals began.

Members from left to right in the photo opposite are Alize Mouhica, keyboard, Trinity Warwick-Barr, violin, Isobel France and Issi Lee, vocals, Finn McMillan, drums, Bronte Lovell, bass guitar, and Anne-Marie Beach, guitar.

The bands’ performance in their section of the Canterbury Regional Finals consisted of two numbers, Hall of Fame, and You Gotta Smile, the latter being an original song with lyrics by Isobel, and music by Bronte (below left & right).

You Gotta Smile

You gotta smile, smile, smile when the rain pours down,
So don’t be disappointed when the square is round,
Be as free as a bird for as long as you can,
And I really wanna help so this song will be sang.

Turn that frown upside down,
Then you gotta smile, smile, smile everyday

When you say there’ll be sun but the rain pours down,
Don’t be surprised and don’t wear a frown,
When you say your plan but they don’t agree,
Say its a good idea but that’s just me.

Turn that frown upside down,
Then you gotta smile, smile, smile.

What Would You Do in a Zombie Apocalypse?

One, two – One, two, three.
You gotta smile smile smile as your brain pours out,
So don’t be afraid when the nightmare is found,
A zombie apocalypse is a sunny day,
So smile, smile, smile as your life drains away

Turn that frown upside down,
Then you gotta smile, smile, smile everyday.

by Isobel France and Bronte Lovell
Every two years, Diamond Harbour School puts on a production at the Community Hall. This year’s pantomime, Cinderella and Rockerfella, is the modern version of Cinderella. It was a huge success, selling out every night just like our other two productions, so this year we had an afternoon matinee as well.

To achieve such a thing takes hard work. There are costumes and props to make, parts to give out, lines to learn and much more. There was lots of singing and dancing, themes of friendship and love and it was a real experience for all of us. It has helped us improve our school values and gain so much confidence.

Isobel France and Joel Graham played the leading roles of Cinderella and Rockerfella. You could tell they enjoyed it by the big smiles on their faces when they were performing—when they were allowed to smile, of course.

The story was along the same lines of the original one but instead of Cinders going to a ball she went to a concert where she fell in love with the charming popstar named Rockerfella. She still loses a shoe and then the shoe fits her in the end but the modern twist makes the story perfect, adding in lots of humour along the way.

We asked Isobel about how she managed to learn all of the lines; she said, It wasn’t very hard because I learnt them on holiday. Joel said that learning the lines wasn’t too hard but it took time to always get them right. He also said sometimes he would forget his lines and that he would have to improvise. Fairy Nasty Boots was played by Alizé Mouhica who was already confident with being on stage. She knew her lines very well and watched some videos of people that had done the play too, to get some ideas of how to make her acting better.

We also asked some of the younger children from Piwakawaka. Holly Dennis, Charlie Bridger and Fleur Heath said that it was really fun to be an animal in the production but they were quite nervous at the start! All of the children in that class said they loved to be able to hop around on the stage in a cute costume, and they all agreed that the best part was when Fairy Nasty Boots turned warm and cuddly.

Next we interviewed the ballroom dancers from Kereru.
**Diamond Harbour Playcentre**

Diamond Harbour Playcentre

is a Government-funded Early Childhood Education Provider run as a parent co-operative.

**Session Times:** Mon 9 - 12 noon.

A unique opportunity to be involved in your child's learning. Ages: 0 - 6 years.

Phone (during session times): 329 4515; email: diamondharbourpc@gmail.com

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**Playcentre News**

We would like to say a huge thank you to the members of the community and the families of Playcentre and Scouts who put in a fantastic effort at our working bee at the end of August. Our outdoor area has had a wonderful tidy up and many odd jobs were completed. We have just finished term 3 at Playcentre and are looking forward to the warmer days Term 4 will no doubt offer!

On our last day this term we said goodbye to Reuben Davis who will be starting school next term. We enjoyed a yummy minion-themed morning tea and Reuben enjoyed showing everyone his profile book with a look back at his fun-filled days at Playcentre. Reuben started as an infant attending with his brother, Max, so he had plenty of pictures to share.

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**Diamond Harbour Playcentre**

Next term we are planning a trip to Purau Beach to explore the rockpools and have a swim if the weather allows. We hope to also get out on an excursion into our local woodland to investigate nature in spring.

Our theme for this term will be matching and we hope to use water play to look at colours, alongside numbers and letters for this.

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**Snowdrop Cottage**

**Creative Children’s Store**

A great range of top children’s brands. Dress-ups and wooden toys handmade locally. Children’s Party Planning Service. Call in when you see the sign or if you can come to you with ideas, catalogues and toy choices.

Also available for sewing repairs and alterations.

Call 329 4464 or 027 33 34 644.

Next to the children’s playground, Diamond Harbour.

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**The Beauty Room**

Affordable Beauty Therapy

Contact Kerry 329 3313 or 021 029 34465

9 Patiki Place, Diamond Harbour

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REMEMBER THE EARTHQUAKES?

A silly question really, because of course everyone who experienced the earthquakes of 2010 and 2011 will never forget them, but it seems that for quite a lot of us, some of the lessons we learnt from those disasters have already faded from our memories. Have you still got your emergency kit of drinking water, food, clothes, medications and other vital equipment ready on hand to grab as you evacuate with only minutes to spare? Er... um... well...?

At the community level, the quakes and their aftershocks highlighted for Civil Defence personnel two specific management issues: 1. How to identify and locate those most in need, such as people living alone, the elderly and infirm, and those with young children and 2. How to best circulate accurate information en mass concerning potential hazards, availability of drinking water and so on. Today, following development of our Neighbourhood Support system we have the potential to meet both those needs and so contribute to facilitating a more efficient and rapid response in emergency situations. Our Neighbourhood Support Database provides for easy locating and/or contacting of individuals with special skills or needs in the community and its very popular mass emailing of residents and property holders has already many times proven its worth. Similarly, the telephone tree has been proven to enable telephone contact right across the area within less than 50 minutes. With the ongoing technological advances in, and the increased availability of mobile phones, tablets, etc with their long-life batteries, these forms of electronic communications can spread the word in almost any situation.

In addition the setting up of over 100 Neighbourhood groups and the awareness this gives members of each others’ situations makes personal contact and, if necessary, assistance in any emergency a reality.

But there is one problem: YOU!

The level of emergency support YOU can receive depends on how well YOU have prepared.

Have YOU:

* Listed your property with DH Neighbourhood Support
* Named everyone living at the property - pets too maybe
* Provided landline and/or mobile phone numbers
* Provided an email address, or, if you don’t have one, have you arranged for a reliable neighbour to pass relevant messages on to you
* Entered any special needs - or skills - you have
* Listed a family member or close friend living elsewhere as an emergency contact
* Confirmed your details in the last 12 months (if we haven’t heard from you for a long time, how can we know if you still live there?)
* Checked that one member of your group is identified as the Group Leader - if not, that is where your branch of the telephone tree is broken!

If you have done the above, thank you. If not, do it NOW. During the next couple of months we will be endeavouring to check on all the entries on the database to ensure as far as possible that it is up to date. Group lists as they exist will be sent out, with a second copy issued once updates are received. YOU can help by confirming your own details, reminding others to do the same, and considering becoming a leader at some level. For questions or more information please contact Elaine - details opposite. Remember: It Could Happen Again!

CIVIL DEFENCE UPDATE

Training Exercise

On Saturday 17 October, the Diamond Harbour, Governors Bay and Lyttelton Civil Defence teams are holding an all-day joint training exercise at the Diamond Harbour CD Welfare Centre based at DH Community Church. These teams will be supported by a team from the Hagley/Ferrymead CD Group and will include members of the Mt Pleasant Emergency Response Team.

In this exercise the CD Welfare volunteers will set up a welfare centre and practise processing displaced people or evacuees.

Neighbourhood Support will also be involved. NHS is so important in our communities, especially in emergencies, disseminating information and ensuring as many people as possible are aware of the situation and how to respond.

NOTE: We need casualties! Anyone interested in playing the part of a displaced person, please contact Wendy Coles on 329 4483 or 021 154 1434. Timebankers taking part in this exercise can earn time credits

New Members Wanted

Following the recent retirement of several long-standing members, Diamond Harbour Civil Defence is looking for new younger people to fill the ranks. If you are interested in becoming skilled in disaster management and making a real contribution to your community please contact Wendy Coles on 329 4483 or 021 154 1434.

New Zealand Shakeout

A reminder that this national earthquake drill is taking place at 9.15am on October 15. It’s a chance for everyone to practice the right action to take in an earthquake: Drop Cover and Hold. For further information, or to register, go to www.shakeout.govt.nz (see page 12.)

Recent Chilean Tsunami Alert

We hope you all received the Tsunami alert email which was communicated through the Neighbourhood Support network. This is a wonderful system for keeping us informed during an emergency. If you missed out it means you are not registered with the network and should contact the Area Co-ordinator, Elaine Bryson at dhnsdq@gmail.com or phone 329 4512 to register. We were lucky that, once again, the tsunami arrived at low tide.

Your Local Civil Defence Team

To stay informed about

Neighbourhood Security, Welfare and Emergency Information ensure your inclusion on our secure database.

Membership is Free for all residents and property owners on the southern side of Lyttelton Harbour

To ADD, UPDATE or REMOVE your details, to request a new group list, join the community emailing system or for information or concerns

CONTACT: Elaine Bryson (Area co-ordinator)
dhnsdq@gmail.com 329 4512
28 Koromiko Cres, Church Bay, RD1 Lyttelton 8971
or
Ron Dubin (Deputy Co-ordinator) 329 3032

Neighbourhood Support

Diamond Harbour

Contact: Elaine Bryson (Area co-ordinator)
dhnsdq@gmail.com 329 4512
28 Koromiko Cres, Church Bay, RD1 Lyttelton 8971
or
Ron Dubin (Deputy Co-ordinator) 329 3032

Godley House, Before & After
FLAG SECRET EXPOSED

It is a safe bet that not many of us realised that Colin McLeod, whose community service was recently recognised (see August Herald), is also a flag designer. Although not one of the final selections, Colin’s flag focuses in a cleverly distinctive New Zealand manner on a world-wide issue which has long been a feature of our way of life and in which we have always been at the international forefront.

The Treaty of Waitangi, votes for women, and universal education are but some of our achievements illustrating our belief in EQUALITY for all people.

Our black and white reproduction of the flag’s design sadly detracts from the striking original, which can be viewed at www.govt.nz/browse/engaging-with-government/the-nz-flag-your-chance-to-decide/gallery/design/9498 where Colin also provides the following explanation of the significance of the design:

All four colours are close to equal in area. The green represents the hills, valleys, pasture and bush, and the blue the rivers, lakes, sea and sky. The black and red shapes are generated in the form of the equiangular or logarithmic spirals (at 180 degrees rotation) ending in a semi-circle. This spiral occurs in nature in plants, spirals on sea shells and snails, cloud formations in cyclones and spiral galaxies. These shapes hint at Maori art (in form and colour), fern fronds uncurling and give the impression of dynamic movement.

If they are regarded as representing people, they represent a variety of ethnicities and ideas. Equality is emphasised by identical size and heads on the same level.

Elaine

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Greetings to you - Haere Mai. We warmly welcome you to our sanctuary in Diamond Harbour.
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IHAIA: Ihaia comes from Banks Peninsula Christchurch, and is trained in Tikanga (cultural/spiritual) counselling, Facilitator/trainer, groups and men’s support group. I am passionate about people’s well being, and spiritual growth.

DELLAINA: Teacher and trainer of varies courses in Metaphysics, meditation, Channel for spirit, Visionary therapist, well being counsellor, past life therapist and Contributing author in the best selling “Adventures In Manifesting series.”

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Practicing Acupuncture in Diamond Harbour

Therapies provided: Acupuncture Cupping Therapy Massage Therapy Acutonics
Also available for purchase: 100% Pure Essential Oils Lineaments and Ointments Chinese Herbal Medicine Vitamins and Minerals

Diamond Harbour Herald - Established 1952 Page 5 No 194 October 2015
COMPUTER HELPDESK

Windows 10... Coming ready or not... ...whether you want it or not!

Last month I warned readers not to reserve a W10 upgrade unless they are certain they wish to upgrade, because it causes the upgrade to automatically download.

Well it just got a whole lot worse...

Microsoft has now admitted that W10 now downloads (on W7 and W8 computers) even if you do not choose to upgrade – so long as you are set to receive automatic Windows Updates (the default setting).

Once the download finishes (whether you asked for it or not) it may attempt to install itself without further invitation.

To prevent this you need to go to Windows Update in the Control Panel, click on Update Settings at left and change it to Check for updates but let me choose whether to download and install them.

When the Microsoft updates arrive each month (2nd Tuesday in the US – the following day in NZ) you will receive a message that updates are available. You can click on it (or just go to Windows Update in the Control Panel) then click on the line XX important updates are available.

This will list the available updates. If you see something like Windows 10 Upgrade, be sure to untick the box beside it before running the other Windows updates.

It is possible to get rid of the hidden downloaded W10 upgrade entirely and prevent it from downloading again, but it requires a little technical expertise. If you are up for it, just Google for Prevent Windows 10 downloading.

Microsoft has been roundly condemned for this attempt at shoving W10 down users’ throats. The download takes a huge 3.5GB to 6GB chunk of your disk space and also comes out of your monthly data allowance. Even if it does not cause you additional costs by taking you over your limit it slows down your internet connection while it’s downloading.

Big Brother is watching you

If you are running W10, unless you have gone to some lengths to alter the default settings you will have given Microsoft carte blanche to spy on you, harvest all manner of personal information and peddle it, if they wish, to third parties... all in the pursuit or targeting you with more effective advertising.

To regain your privacy:
Click on Settings (on the Start menu) and then Privacy.
Go through each category at left and decide what suits you. I would suggest, at a minimum:
Under General
Turn off Let apps use my advertising ID...
Turn off Send Microsoft info about how I write...
Under Speech, inking and typing
Turn off Get to know me

Big Brother is using your internet connection

By default, W10 uses updates already installed on your computer to update other computers on the internet!
Good for Microsoft (as it reduces the load on their servers) but bad for you as it increases your data consumption and so may cause you to exceed your monthly data allowance.
It could also slow down the speed of your internet connection. To prevent this happening:
Click on Settings (on the Start menu)
Click on Update and Security
Click on Windows Update (if it is not already selected)
Click on Advanced options
Click on Choose how updates are delivered
If you have only 1 Windows 10 computer on your home network, flick the switch to Off.
If you have multiple Windows 10 computers, leave the switch On, but select PCs on my local network. (This could actually help reduce data consumption.)

Ron
Kakariki Collective

The Kakariki Collective is a group of locals who are concerned about the environment.

We look forward to receiving regular contributions from them with suggestions/information to help us all care for our environment.

Did you know?
New Zealanders use 1.6 billion non reusable plastic bags every year – and most of them go into landfills or into the oceans where they eventually break up but do not disappear. Plastics endanger wildlife and enter the food chain in the fish we eat.

What you can do

Use reusable supermarket bags.
Refuse to buy single drinks and food in unnecessary plastic containers.
Avoid plastic and polystyrene meat and vegetable trays.

For more information go to www.lyttelton.net.nz/waste-matters.

Joy

Kakariki Collective

Kumara & silverbeet pie with spicy tomato sauce

I loved reading Therese’s amazing winning recipe story last month. I have lately been rather the opposite, often just making quick improvisations with what can be found in the fridge, larder or gardens... all somewhat depleted as is usual in Spring.

The other day I baked a lovely pie using a googled recipe adapted to what was on hand: kumara, silverbeet and cashew nuts. I made the sauce from capsicum (chopped up and frozen last summer) instead of canned tomatoes... a sweet treat, literally.

Try and improvise yourself; it’s a fun way of getting the old brain cells working, and challenging your taste buds at the same time.

Ingredients (serves 4-6)

- 6 silverbeet leaves, cut into 2cm thick slices
- 3 purple kumara, peeled and cut into 4cm chunks
- 3 cloves garlic, finely chopped
- 6 tbls extra virgin olive oil
- 3 onions, thinly sliced
- 400g flaky puff pastry
- 1 1/2 cup roasted cashews
- 400g can crushed tomatoes
- 1 egg, beaten
- 2 tbls red wine vinegar
- 1/2 tsp ground cinnamon
- 1 red chilli, thinly sliced

Method

Cook the silverbeet in boiling salted water for 4 mins or till well cooked. Cool under cold water, squeeze dry and chop coarsely.

Heat 4 tablespoons of oil in saucepan over moderate heat then add the onions and garlic. Fry for 10 mins or until the onions are golden and soft. Taste and season well with salt and freshly ground black pepper.

Preheat the oven to 200°C. Boil the kumara in plenty of well-salted water until tender. Remove from the heat and drain well. Leave in the colander until cold then mash very coarsely.

Roll the pastry out on a floured surface into a rectangle about 40cm x 30cm. Place on a baking tray.

Spread the kumara along one of the longer sides of the pastry then place the silverbeet and onions evenly on top.

Sprinkle the cashews on top.

Fold the other longer side of the pastry over the filling then seal by brushing the edges with the beaten egg and crimping together with a fork or twisting the edges together.

Brush the top of the pie with the beaten egg. Make a couple of 4cm slits in the top of the pastry to allow steam to escape as it cooks. Place in the oven and bake for 25 mins or until very well cooked. Cool for 10 mins before serving.

While the pie is cooking, put the remaining oil in a saucepan, along with the tomatoes (I used chopped capsicums) 1 cup water, vinegar, raisins, cinnamon and chilli. Bring to the boil then boil gently for 15 mins or until thick. Remove from the heat and drain well. Leave in the colander until cold then mash very coarsely.

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Serve the pie in slices with the sauce on the side.

Bon appétit!

Franziska
THE ECO GARDENER'S PATCH

My darling dahlias - free biomass generators

When I began gardening in Port Levy fifteen years ago, the property already had one large clump of single red dahlias by the shed. I read somewhere that dahlias are good to plant on the edges of vege beds to stop grass invading them, so six years ago I split up the clump and planted some around the edges of a big vege bed. They did repel the grass, and the bees loved them, but they also grew like triffids (taller than me) and started to shade the garden and make it hard to access the veges.

Did they have to go? Well, no – because I realised that they could be the on-site answer to the prayers of a small-scale gardener for loads of free carbon (and a bit of nitrogen) to build up the soil and feed the worms - and also the quadrillions of other soil organisms that power a productive garden. I started cutting the dahlia stalks and using them as mulch on areas of bare soil where crops had just been harvested.

Within two months the green stalks had either rotted into the soil or been taken down there by worms. So much cheaper and easier than buying in pea straw or other mulches, and much faster and easier than growing a green manure crop for 3 months and then digging it in. Plus a soil covered in mulch conserves the water and nutrients that leach from bare soil, while a soil rich in carbon holds its structure, nutrients and water much better than one low in carbon.

A rich, healthy soil full of micro-organisms and worms is the basis of all environmentally-friendly, sustainable forms of nutritious food production. So although one can eat the basis of all environmentally-friendly, sustainable forms of food production. So although one can eat

WEATHER WATCH

A continuing winter?

This year has seen the longest winter I’ve ever recorded. On the basis of past performance, temperatures could be expected to drop in the normal way in June, to be a bit lower in July, and then to start to rise just a little in August. In September they should be spring like – variable but with a warming trend.

This year, however, the averages for June to August stayed lower than in previous years, hovering around 7-8°C. On some nights the temperature dropped as low as 0.5°C, and there was frost on some of the low-growing plants.

To date, September is not showing a really convincing warming. We had a few pleasantly mild, even warm, days about the middle of the month. One day the temperature even rose to just over 20°C, giving the happy impression that summer must be not too far away. Unfortunately the warm spell didn’t last long, and its effect on the average for the month at the time of writing was to bring it down again to only 8°C.

Comparing these values with those of last year, there is no doubt that winter has been definitely colder, and I find it interesting that there is no comment on that from NIWA.

In spite of the cold, the spring flowers are putting on a magnificent display, with longer stems and bigger blossoms than usual, so they’re presumably happy with the temperatures and the rainfall. However, my lemon tree isn’t showing a single flower. The poor thing is just looking miserable, with yellowish leaves. The daphne mezereum isn’t much better. It is flowering and spreading its scent as usual, but its leaves are an unhealthy looking yellow-green, instead of the colour they should be. The inference is that the year has not been what could be called normal! Only one broad bean grew from my usual autumn sowing, the replacement sowing produced another one, but thankfully a further sowing has produced vigorous seedlings. Alas, they won’t be ready to eat for some time!

As the month progressed, rainfall values were low, until the third week. Then we had a night’s good 33mm of rain, which raised the figure for the month to a reasonably normal level. We got the benefit (?) of a depression bringing rain to the North Island, and slowly extending to the northern half of the eastern South Island. It should mean that the garden is well watered, ready for all those summer vegetables to be planted – if only conditions warm up enough to encourage growth! Soil temperatures as published in The Press are markedly cooler than is usual for this time of year.

Jane Soons

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LIVING WELL

Goals for Good Health

The days are definitely getting warmer now, and with Daylight Savings now started, the days are getting longer too. It’s a great time to take advantage of the season and get outdoors far more often. Indeed, it’s a time when a lot of people make the decision to start getting fitter and healthier, and I’ve been helping a lot of people set goals in this area recently.

There are several things that are important in setting goals for health and fitness, whether those goals are around food or exercise. One is to be specific. Often people express goals such as getting fitter or eating healthier, but without more information it’s difficult to know exactly what this means. A more specific goal is helpful here, such as going walking 3 times a week for 30 minutes each time, or instead of eating biscuits or cake as snacks, eating nuts and seeds with yoghurt instead. This is much clearer and therefore much easier for us to do.

Once your goal is clear, the next thing to consider is how it’s going to work, and what needs to happen so that it can happen easily. For example, considering when your exercise will fit in well is important, as is deciding what you’ll need to set up in your environment so that you remember to do it at the time you plan. This may mean setting your alarm for a different time, having clothes and shoes ready to go at the right time, buying lights or reflective gear for your bike if you plan to go out in the dark, or moving dinner time forwards or backwards to suit.

Where food is concerned, changes there usually start long before we actually eat. They often start with planning, and then buying the necessary foods at the supermarket beforehand. They may also require co-ordination with other people. All of these steps are necessary, as we can have the best of intentions, but without the environment being set up properly, these intentions can be forgotten or not acted on.

The other thing I really recommend when it comes to setting goals and creating new habits around health and fitness is to make one change at a time. Often people wish to do a complete overhaul of their eating and exercise habits, but that can end up overwhelming and result in no changes being made at all. The other danger associated with this is an all or nothing mentality, which means that when someone slips up on one thing, they can end up throwing everything else away with it. Every change helps, so choose one habit to change or establish, set it up well, make it part of your routine, and then decide on your next goal.

Robyn

Recently the local Timebank had the privilege of welcoming the founder of Timebanking, Professor Edgar Cahn to Diamond Harbour for the afternoon. Local Timebank members gave him a warm welcome on the wharf with waiata and gifts of pounamu and homemade crab apple jam. He was visibly moved by the warmth and love of such a welcome. We then had afternoon tea at Godley Cafe and captivated his imagination with a tour through Stoddart Cottage.

At 80 years of age, Professor Edgar Cahn still works long hours expanding our ideas about ways in which we can use timebanking to enhance our lives and also works on national and international projects that he has initiated.

I want to be able to contribute positively to my community just like the large majority do. The heartbeat of our communities is love, family, friendship and kindness; connecting networks that bind us together. Timebanking gives us a framework in which we can share these qualities and contribute positively.

He was struck by stories of what a central role the Lyttelton Harbour Timebank played in responding to the needs of the community directly after the earthquakes and has taken many new insights back to the USA with him.

I have always talked about the potential of Timebanks in crisis situations but you have actually lived through it. You have done it and that is inspiring to see.

He hopes to return to Aotearoa soon to continue his work with the University Law School and to continue learning from the unique context in which Lyttelton Harbour Timebank has evolved.

Jacinda
**VET-SPOT**

It Shouldn’t Happen to a Vet!

As both a vet and lifestyle block owner, and living in a home with two cats and a dog I have many interactions with animals each day, and there are always many opportunities to see the funny side.

One of my regular morning tasks is to feed our two Kunekune pigs. As soon as I step out the front door their squealing ramps up, so they certainly don’t let me forget that they are waiting. We had a lot of rain in August, and the pigs are pretty efficient at creating mud themselves anyway, so I always have to watch my footing, especially because we live on a very steep hill.

A few weeks ago I was retrieving one of their bowls, a stainless steel dog bowl, and hanging onto a metal waratah fence pole to help me keep my balance. I hadn’t seen that the bowl was touching the strand of electric fence wire that we have running around the edge of their paddock just above ground level. The waratah made an excellent earth point, and the shock sent me over backwards into the mud, resulting in a slide of several meters down the hill. Of course this was in my work clothes, so I had to go and change when I was already cutting it fairly fine leaving just enough time to get to work.

Far more serious was a slide I took in a car while trying to get through a gate at the top of a steep paddock several years ago. The gateway was very muddy and rutted, and I lost traction and started sliding backwards down the hill. When I braked nothing happened, although presumably the wheels stopped turning I continued to toboggan downwards at the same speed. Next I pulled on the hand brake, this just turned the vehicle so it was now sliding perpendicularly down the hill. As I was trying to work out what to do next, I went over a lip and started rolling. At that point I had my window rolled down, with my elbow resting on the edge, because I can clearly remember thinking that I best pull my arm inside before that side of the car hits the ground. Adrenaline does really speed up your reactions and allow clear thought because it seemed as if I had all the time in the world to do this.

After I’d rolled twice, the gully I’d ended up in narrowed enough to stop the car. Miraculously it landed upright and I could climb out unharmed. The back canopy windows had flown open, and there were bottles of medicines strewn far and wide, although not one had broken. The car was not so lucky and ended up being written off.

Lastly I had a good laugh recently over an email that went missing in the ether. Just over a year ago we sent out emails to selected farmers and breeders detailing pricing on a new premium quality dog food that we’d taken on after moving to the new premises; also offering a visit with the farm dog food representative on a particular date. A year later, almost to the day, I received a reply asking for additional pricing of puppy food. I was surprised to receive this after so long but replied nevertheless. I then received a follow up email querying the date of the rep visit – the day and date given didn’t match. That was when I clicked that the client hadn’t realised that the email was from last year, and was looking at this year’s date. Ah well, better late than never and they did buy some food in the end.

Paul

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by 3.30pm Thursday for your Friday Morning delivery
CHARACTER CROSSWORDS

September Solution

ACROSS
12 Played guitar (8)
13 “Briny” (3)
14 Streetcar (4)
17 Narcissus (8)
18 Live in 13 down (6)
19 Disregard (6)
20 Pests (6)
21 Season (6)
23 Landlord (8)
24 Ride a wave (4)

DOWN
6 Fine, silky yarn (6)
7 Cry (4)
8 Swooning (8)
9 Whisky (6)
10 Whakatū (6)
11 Silly talk (8)
15 23 across might serve this (4)
16 Used to wink (6)
17 Pastry (6)
19 Disregard (6)
22 Coarse file (4)

This Month’s Clues

ACROSS
7 Cry (4)
8 Swooning (8)
9 Whisky (6)
10 Whakatū (6)
11 Silly talk (8)
14 Streetcar (4)
15 23 across might serve this (4)
17 Narcissus (8)
20 Pests (6)
21 Season (6)
23 Landlord (8)
24 Ride a wave (4)

DOWN
1 Don Quixote’s squire (6)
2 Ink stain (4)
3 Cookie (6)
4 Mickey’s girlfriend (6)
5 Blade or heel (8)
6 Fine, silky yarn (6)
12 Played guitar (8)
13 “Briny” (3)
16 Used to wink (6)
17 Pastry (6)
18 Live in 13 down (6)
19 Disregard (6)
22 Coarse file (4)
**YOU CAN COME TOO — LOCAL EVENTS AND COMMUNITY ACTIVITIES**

**Open Day/Work Day on the farm**

**Laura’s Dairy - Orton Bradley Park**  
**Saturday 17 October 2–5pm**

2pm: Milking demonstration
See the process from grass to glass. We’ll all go out and herd in the cows, milk one and see the short journey from udder to bottle.

3.30pm: Work hour
Be great to have your help to clear a paddock of a bit of gorse and broom. Bring your pruning saws, spades, gloves and sturdy shoes.

5.00pm: Shared picnic BBQ
Bring some kai to share (and plates to eat it from) and maybe a rug to sit on too.

**Diamond Harbour Reserves Committee**
The first official meeting will be on  
**Thursday October 1 at 7pm**  
**at Stoddart Cottage**
Come along if you want to be part of an enthusiastic group of people who are committed to enhancing our natural environment. All welcome.

**Diamond Harbour Croquet Club**

**Opening Day October 3.**
The greens have been repaired, tended and maintained following last years storms and the irrigation system has been refurbished.

We play both types of croquet:  
**Association and Golf.**
Both are fun, very social and they can be somewhat tactical, either in singles or doubles.

Club days are  
**Wednesday from 1.30pm**  
**Saturday from 10am**

The three lawns are available for members and their friends during daylight hours.

The club would welcome all casual and new members. Mallets are provided together with instruction and the first two sessions are free. Flat shoes are essential.

**First year membership is $75.**  
**Green fees for casual players $5.**

If you are interested in playing please contact
Robin 329 4040, Rosie 329 4646 or Sonia 329 3143.

**DH Tennis Club AGM**

Will be held on Sunday October 11
at 10.45am at the Club House.
Members and interested or intending members are cordially invited to attend.

Support your local club and their endeavours.

**Woolfun Day**

**Saturday October 10 and Saturday November 7**  
(note November meeting is a week earlier).
Both October and November meetings are at 3 Doris Faigan Drive (top of Bayview Road).
Bring your wool or tapestry project and come and enjoy our company.

Please contact Mary on 022 319 8110 for any questions.

**DH Historical Association**

Next meeting:  
**Tuesday October 13 at 7.30pm in the Stage Room**
Paul Pritchett’s talk is entitled *A voyage into World War 1.* All welcome.

**Diamond Harbour Camera Club**  
**Tuesday October 20**
at 7.30pm in the Stage Room.
Mick Stevenson, visiting speaker on Black and White photography. A workshop so bring your cameras.
Everyone welcome.  
Visitors: $3 donation.

**Road Cycling Group**

Meets weekly in Diamond Harbour. To join a ride contact Mike on 329 4647 or mikecatton@mac.com.

**Lyttelton Harbour Diabetes Support Group**

Meets once a month  
**at Lyttelton Community House.**
Contact: Rowena 329 9118 or maxandrowena@gmail.com.

**Civil Defence Update**

**International ShakeOut**  
**Thursday October 15**
Everyone, everywhere should know the right action to take before, during and after an earthquake.
Thursday October 15 is the International ShakeOut Day of Action. New Zealand will be the first country to participate this year, at 9.15am!
We’re aiming to get 1.5 million New Zealanders to sign up to take part – which should also make ours the biggest (per capita) ShakeOut drill in the world!
Once you’ve registered, you’ll be kept up to date with all the information you need to take part in the Drop, Cover and Hold drill.
To sign up go to www.shakeout.govt.nz/register.

**Yoga**

**Early Bird**  
Tues & Thurs 6 – 7am

**General**  
Monday 6.30 – 7.45pm

**Gentle**  
Friday 9 – 10.30am

Stage Room  
Everyone welcome

*Jacinda Gilligan 329 4424*
STODDART COTTAGE HERITAGE WEEK CELEBRATIONS

Celebrating the Cottage’s 155 years and the 150th anniversary of Margaret Stoddart’s birth. Two weekends—Oct 17, 18 & 24-26 of celebrations before cottage is closed for full repairs.

PROGRAMME

Saturday October 17
3-7pm: Sherpa Kai Food Truck on site
6-7pm: Pot Luck Shared Dinner at the Community Hall
7-10pm: Community Barn Dance at the Hall, featuring Bantam of the Opera. Prizes for best Victorian costume and for best baked pie. (Pies will be eaten for supper.) Photographer on site. $20 per family/couple $15 single.
Tickets from Snowdrop Cottage 329 4464, Godley Café DH Library and Phil Swallow 329 3344.

Sunday October 18

Saturday October 24
10am–4pm: Cottage open to public. Entry by gold coin donation; Puppet shows 11.30 & 2pm. Stalls and entertainment. Victorian and Devonshire teas.

Sunday October 25
A free bus will run between Stoddart Cottage and Orton Bradley Park Spring Fair through the day (see p 14).

Monday October 26
10am–4pm: Cottage open to public. Entry by gold coin donation; Stalls and entertainment a possibility.

MORE HELP NEEDED

There are still opportunities for you to be involved in the running of these events as follows:

Setting up / cleaning up the cottage each day
Assisting with the public at the cottage each day Setting up / cleaning up at the all on Sat 17 Please phone Heather 329 4464 or 027 32 32 644 or for the Monday, Paula 329 4445

STALLS

You or your group are invited to set up a stall of your choosing at $5 per day/part day. To arrange please phone Heather 329 4464 or 027 32 32 644.

CONTRIBUTIONS

Goods for the Stoddart Cottage Bric-a-brac stall would be appreciated. Phone Heather 329 4464 or 027 32 32 644.

THANKS

To the many people who have already offered goods, practical assistance and funds. Your generosity is much appreciated by the Stoddart Cottage Committee.

HISTORY OF STODDART COTTAGE PROJECT

We are interested in interviewing/filming people who have knowledge of the Cottage’s history etc. Please phone Wayne Eddington 329 3390 or Heather Watson 329 4464 or 027 32 32 644 if you would like to be involved.

Diamond Harbour Toy Library

Every Saturday 10-11am at the Community Hall
Come down and see our amazing range of good quality toys – why buy when you can hire!
Brand new toys added regularly.
Baby, Toddler, Preschool & School age toys.
Huge range of indoor/outdoor toys – slides, bikes/trikes, cars, puzzles, prams, water tables, playsets, construction, games, dress ups, sports, baby toys, musical instruments and more!

Drop in on any Saturday morning for more information or to pick up an enrolment pack.

New Members Most Welcome!

Email: dhtoylibrary@gmail.com

Toastmasters

When it’s time to speak up, do you clam up?
Then you need Toastmasters.
Joining Toastmasters can be your first step towards being able to speak confidently in public.

Bay Harbour Toastmasters
meet every 2nd and 4th Wednesday
at 7.30pm in St Andrews Church Hall
This month: October 14 and 28

Come along and find out how you can improve your potential, grow your confidence and become a better communicator and leader, whilst making new friends. For info contact Jann Meehan on 329 4936, 021 263 1040 or jann@jannmeehan.co.nz.

Jann
Spring Fair

Sunday, Labour Weekend, October 25th
10am - 4pm
A fantastic day out for the whole family!
Food, coffee, wine, beer, arts & crafts,
white elephants, plants, rhododendron walks,
old machinery demonstrations, bouncy castle,
pony rides and much more.

Live Music all day
Eftpos on site. Parking opposite gates
Adults - $5, Children - Free.
Friends of the Park - Free (with card)

Sponsored by

The Diamond Harbour Library
has lots of wonderful books!
Are you looking for a book or magazine
to help your springtime garden along?
Perhaps you need a knitting pattern,
or a book about your computer or pet?

The library is the place to go
You are welcome to come anytime the library is open.
Library Membership is free. All welcome.
Library Hours:
Tuesday: 2-7pm  Thursday: 10am-2pm
Friday: 2-4pm   Saturday: 10am-12noon
Christine Turner Librarian,
Diamond Harbour Library. Ph 329 4152

Line Dancing
We are a group of local girls who meet on
Wednesdays 1.30-3pm in the Community Hall
for low impact dancing.
We would like a few more to join us, so put on those
comfy shoes and get on down there and have some fun!
Bev 329 4868

Tai Chi
Ancient mind/body exercises,
performed in a slow and flowing manner designed to
keep the body in constant motion and promote flexibility,
 improve brain function and reduce stress.
Practice sessions at the Hall Thursday 11am-12 noon.
Cost $30 for 8 weeks.
Everyone welcome. Contact Peter 329 4835.

ARISE
A year long immersion
for girls aged 12-14
nourishing their emerging self
mentoring their potential
For enquiries and course outline:
Jacinda watchingkereru@gmail.com
329 4424 or 022 657 8827

Diamond Harbour Herald - Established 1952  Page 14  No 194 October 2015
Diamond Harbour Medical Centre
2c Waipapa Ave Phone 329 4402 Fax 329 3302

Email nurse@diamondmed.co.nz for repeat prescriptions
(48hrs notice needed)

Email reception@diamondmed.co.nz for all other en-
quires and Internet banking details.

Doctors: Peter Davies Bronwyn Graham
Nurses: Nicky Anna Petria
Reception/Admin: Jan Hogbin

Updated Hours
Monday 9am to 12noon Dr Bronwyn Graham
4.30pm to 6.30pm Dr Bronwyn Graham
Tuesday 3pm to 7pm Dr Peter Davies
Wednesday 8.15am to 12noon Dr Peter Davies
Thursday 8.30am to 11.30am Dr Bronwyn Graham
Friday 8.15am to 12noon Dr Peter Davies

New Patients Welcome

Diamond Harbour Playcentre AGM
Monday October 19 at 12 noon at the Playcentre

CIVIL DEFENCE EXERCISE
Saturday, October 17
(All Day)
Volunteers Required
to act as displace persons
- all or part of the day.

Please contact Wendy Coles 329 4483/021 154 1434.
(Timebankers: you can earn time credits by participating.)

Are You a New Resident?
Welcome Bags
The community associations of Church Bay and Diamond
Harbour provide—free of charge—Welcome Bags which
contain among other goodies, a wide range of helpful
local information for new comers.
Thanks to Entente Cordiale and Sweet As who are
providing baking for the Church Bay welcome bags.
For Church Bay contact Pat Pritchett 329 4826
For Diamond Harbour contact Heather Watson 329 4464.

Help Needed
Assistance in making and/or compiling
Community Welcome Bags
Please phone Heather Watson 329 4464 or 027 32 32 644

You Can Come Too — Local Events and Community Activities

Mushroom Compost Fundraiser
At the Fire Station from 8:30 am on Saturday
17th October
See diamondharbour.info for more information

Another sparkling evening of Song & Poetry, Music & Mirth at the Godley Café
Saturday November 14 6:30 onwards
The Godley Café, Diamond Harbour ($5 Cover Charge)

Join the Harbour Singers and poets Joanna Preston, Fiona Farrell and James Norcliffe for a dinner concert filled with fun and music
Bookings Essential: RSVP Godley Café, 3294880

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Felicia Forbes
Diamond Harbour
Banks Peninsula

Diamond Harbour Volunteer Fire Brigade

You can come too — local events and community activities
DIAMOND HARBOUR COMMUNITY ASSOCIATION

Minutes of meeting held Sept 14.

Public Forum

Lisa and Veronika Gabel attended the meeting to talk about concerns with bus and ferry connections during peak commuting time. The bus often runs late and misses the connection to the ferry by a minute or two and there is no adequate place to sit in bad weather. Christine will write to ECAN Metro and ask if bus drivers can go directly to the wharf during peak times and that the bus driver calls ahead to ask the skipper to wait if the bus is running a little late.

Jill Martin attended the meeting to talk about SPRIG events over the summer. We are waiting for confirmation of the line-up and fees for musicians who will play from 1–3pm.

Andrew Turner spoke to us about the current Representation Review. It is proposed that the CCC Ward boundaries for Banks Peninsula be extended to include Sumner, Redcliffs, Mount Pleasant and Heathcote.

CCC has allocated $15,000 for master planning in Diamond Harbour. This needs to be in line with the DHCA vision as to where the money is best spent. We don’t want the money spent on external costs and planning. A focus group will meet to brainstorm and narrow down ideas for the village centre, making the best use of this space and how to implement it.

Hall Report

An application for Hall improvements funding has been lodged. We need $41,000 and our share will be approx $12,000. The Committee gave a vote of thanks to Thea Mickell for our fundraising applications. Karen will check how much of the Hall repair will be covered by earthquake recovery. The whole Hall roof is to be repaired by June 2016.

The hall bookings are now viewable on the website www.diamondharbour.info.

Community Board Report

Moepuku Point has been sold to a private buyer.

Submissions

Richard is waiting for a hearing date to speak to Stage 2 of the District Plan Review. Submissions for the Representation Review close October 9. Richard will draft a submission to support keeping Banks Peninsula well represented. Community Boards have value.

Website

Pete suggested that we stick to the focus of getting the site up and running; additional features can be added later if required or as a result of community feedback. The Website committee are to meet and give further feedback to the designers. $2,250 has been granted towards the budget from the Strengthening Communities Grant and we need to make up the other $5,700, which may come out of the Herald Account. Richard and Pete have signed off the funding grant.

Reserve Management

We now have an official Reserves Management Committee. The first meeting will be in Stoddart’s Cottage in October. Richard and Thomas will attend the next Community Board Meeting to ask for permanent protection of Morgan’s Gully. The planting day for the Gully was successful with 15 people attending. The fencing looks good.

General Business

DHCA will give $200 towards the Stoddart Cottage 155 Year Celebrations next month and also waive the Hall fee for the Barn Dance.

At John Mahy’s request, the DHCA agreed to repair the noticeboard at Preserved Cafe which provides a useful community service. Preserved Cafe will maintain it. We will also pay $300 for a new covered noticeboard at the Diamond Harbour wharf.

Pete spoke about his Linc Leadership in Communications Course and asked if anyone is interested in doing the next one. As he is now finishing the course we get $1,000 from their fund to be matched by $1,000 from community groups to initiate something new for the Community. Applications close on the 25th Sept. It was suggested that we ask them to give $500 to Orton Bradley Park for a children’s cycle track and fun day, and $500 towards the Stoddart Cottage events next month.

Joy expressed concern on hearing about dead sheep in the sea and on the beach between Purau and Pile Bay. The sheep fall over the cliff, and in some cases have been off-loaded from trucks.

The next meeting will be in the Stage Room on Monday October 12 at 7.30pm.

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E-mail: baysidefit@gmail.com
DIAMOND HARBOUR
VOLUNTEER FIRE BRIGADE

I’m a fan of the TV quiz show Pointless. One of the topics that frequently gets discussed is the Periodic Table. Dmitri Mendeleev devised this table back in 1869 and it lists chemical elements. Some elements we’re all familiar with such as Carbon and Oxygen. Others are more obscure and score well on Pointless. Americium is an element that I’d not heard of until earlier this year. It was discovered in 1944 in California and has an atomic number of 95.

So what has a radioactive isotope got to do with the Diamond Harbour Volunteer Fire Brigade? The answer is that we are keen to see everyone install a small, inexpensive device in their homes which might contain Americium. It is the essential element of ionisation smoke detectors. The Americium emits particles which react with clean air to cause a current to flow inside the smoke alarm. When smoke particles are present, the current is interrupted and the smoke alarm detects this and goes off. The amount of current is so small that modern smoke detectors can last up to 10 years without needing to change the battery.

This is good news when you read the following two statistics:

1) Approximately 1/3 of smoke alarms that are in people’s homes don’t work. Usually because the battery has been removed or is flat.
2) Approximately 2/3 of deaths from home fires occur in properties without a working smoke alarm.

If a fire breaks out when you and your family are asleep, without a smoke alarm your chances of waking before the smoke gets into your respiratory system are low. Carbon monoxide has no smell but it is lethal. If you have smoke alarms fitted, then checking and changing the battery is essential. If you don’t have them fitted, then they are a really good investment. If you need any help or advice just ask at the Fire Station. Spending a few minutes on your smoke alarms will be a far from pointless exercise.

Fire Fighter David Rice

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French and British regional cuisine – Tarts au Citron, Eccles Cakes, Quiches Alsacienne, Cumberland Sausage Rolls, Pork Pies and much more – delivered to your door in Diamond Harbour each Friday.

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Visit www.ententecordiale.co.nz and click on ‘Delivery to the Bay’ to see our products and how to order.

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- Anxiety, stress, insomnia
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Lou Warren
329 3355
6 Te Papau Crescent
Diamond Harbour

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Small gym for rehabilitation

Exercise programs
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or weight loss

Hours: Monday to Friday 8am - 7pm
Can make appointments to suit Terry times - Gold cardholders travel free
ACC Endorsed Provider
No Doctor’s referral necessary
CLASSIFIEDS

Small Fridge wanted
A small fridge in good working order for the kitchen at Stoddart Cottage. Please phone Karen 329 3006.

Cinderella Cleaning
Give your place a good spring clean, with a local Cinderella Cleaner. Casual or longer term, affordable rates. Please contact Petrina 021 103 6273.

Hula dancing class carpooling
Would you be interested in a carpool to learn Cook Island dancing Monday nights 7-8.30pm? No experience needed, all ages. If interested please phone Petrina 021 103 6273.

Cat cage for sale
Wire cage top with plastic well. $10. Phone Marg, 329 4574.

Table Tennis Table to give away
It folds in half and has centrally placed attached wheels for easy mobility and storage. Tidy condition. Handy for fun games in the garage. Phone John Sims 329 4521.

Table Tennis Set for sale
4 bats, 4 balls, and a net, unused $15 Ph 329 4512.

For sale (various)
2 Cane bar stools $20 pair. Birdcage stand $10 Rocking chair $15. Wooden stools, slatted top $20 pair (different heights). Phone 329 3363.

Baby’s Car Seat wanted
in good order to suit 18 months old child. Please ph. Wendy on 329 4483 or 02151434.

Free Water Tank
Free for removal, 1,000 gallon fibreglass water tank. Charteris Bay. Phone Bruce Beckett 329 4422.

Tomato Plants for sale
Heritage varieties, cherry and container grown tomato seedlings available from $3.50 each. Also some herbs, salads and vege seedlings. All plants are spray free. Call Richard 329 3364

Update from Video
Save your home video memories from video tape or Hi 8 tape to digital format such as DVD or flash drive. Contact Dale on 329 3078 or 021 0768 729.

Spring Garden Work
Weeds are starting to sprout, gardens need to be dug... happy to do the fiddly tedious bits in your veg or flower gardens. Contact Annabelle 329 3078 or 021 070 5413.

House to rent/swaps
Looking for a place to rent in this area for one week from 27 Dec 2015 to 3rd Jan 2016. Or if someone wants to swap houses and use ours for that week and attend the Caroline Bay Carnival down here that runs over this time. 4 bedrooms, new kitchen. Close to Bay. Can bring your dog. Ph 021 236 4224 or email 4springs@gmail.com.

Flatmate wanted
Beautiful and warm 2 storey log house with wonderful harbour views on a sunny Teddington farm has two single en-suite room available at $200pw. Power, firewood, water and broadband $30p.w. Garden space and grazing. Long term prefered. Ph 329 9118. See www.bergli.co.nz.

Free couch and sofa bed
3-seater couch, comfy with green (slightly faded) fabric upholstery. 3-seater sofa bed which opens to a double bed, great for visitors. Upholstery creamy floral, couch covers included. Both free to collect. Ph Nicola 329 3282 or 021 750 020.

Windows 10 Laptops
Many to choose from: Toshiba, Lenovo, HP from nearly new to several years old – top condition – great value. $175 to $375. All required software: anti-malware (Avast & Malwarebytes), Office (LibreOffice 5), VLC Media Player, Google Chrome, etc. Ph Ron 329 3032.

Services offered
Handyman home services are offered on the sunny side of the harbour. Home maintenance, building repairs, painting, fencing and some plumbing as well as section tidying. Affordable rates. Ph Jim 328 8274 or 027 226 4548.

Piano, free to good home
Upright, dark wood case made by John Brinsmead and Sons, London. In good working order but will need tuning. Buyer collects. Call Louise 329 3364.

Outdoor Fitness
Outdoor Boot Camp Fitness with Mike at 6:30am Mon, Wed and Fri, all year round. Ph 329 4647 or mikecatton@mac.com.

Boxing Circuit Classes
Monday 6.30pm and Wed 7pm. Commercial gym open 7 days. 329 9525 or 027 773 0036 or baysidefit@gmail.com.

Doggie Bootcamps
We pick up your pet from home in the morning, take them out for the day and drop them back in the afternoon. We spend time walking on the lead individually and as part of a pack and have free time at a safe place such as a dog park, beach or forest. Ph 027 773 0036.

Barber/Hair Cutter
56 London St, Lyttelton. Tue - Fri 10am-6pm, Sat 10am-3pm. No appointment necessary. Monday mobile service available, please contact Tracey 021 023 82 454. Check out my Facebook page: Hair Port Barber.
CHURCH NOTICES

Catholic Masses
Every Sunday at 5.30 pm
First Sunday of month: Mass at DH Community Church
Second, Fourth, and Fifth Sunday: SCAP service (which fulfills Sunday Obligation).
Third Sunday of month: Mass at Lyttelton (21 Exeter St)
*Sunday Celebration in the Absence of a Priest

Anglican – Methodist – Presbyterian Services
St Andrews Diamond Harbour
Sundays at 10.30am and Wednesdays at 9am

Prayer for the Parish
Weekdays at 8:15am in the Church Library. This is to
specifically pray for God’s presence in all our lives and
His Spirit to move in our Parish. All are welcome. If you
are unable to join us, please pray wherever you are.

Monday Night Study Group
Meets Monday fortnightly in a warm and friendly
Charteris Bay home. Please call Bruce Beckett for details
on 329 4422.

Wednesday Afternoon Bible Study Group
Based on reading Word for Today, is held in the Church
Library every second Wednesday at 3:30pm. Please
contact Merylin Haxell on 329 3036.

Gamma Home Group
Meets Monday weekly in a warm and friendly
Diamond Harbour home. For further details, please
contact Ross Fountain on 329 4202.

Baby & Toddlers Group
Fortnightly on a Tuesday, a coffee and support group
for parents and caregivers of babies and infants aged 0-
36 months in the Church Hall from 10-12 noon.
Please contact Wendy on 329 4483 or 021 154 1434 for
further information. Upcoming dates are Oct 6 & 20.

Rainbow Music
All children aged 0-5 years welcome. A chance to catch
up and make new friends afterwards with a cup of tea.
Come and join us at the Church Hall, fortnightly on
Tuesdays at 10am. Dates for this term: Oct 13 & 27.
Gold coin donation.

City Shopping Van
The van runs on alternate Wednesdays. Pick-ups are
around 9am and returning around 1:30pm. Bookings
are essential so please call Nicky on 329 4341 or Wendy
on 329 4483. A $10 contribution towards fuel costs is
invited. Upcoming dates are Oct 7 & 31.

Secondhand items donated to the Church
Generally these are passed on to the Christchurch City
Mission but we are also preparing for an Op shop in the
Little River end of the parish. Thank you for donations -
especially clean clothing. Please note that electrical
items cannot be accepted. Non-perishable food items
also gratefully accepted.

City Mission Basket
The church has a basket for non-perishable food and
grocery items for the City Mission.
Many families are dependent on the support of agencies
like the City Mission as jobs dwindle and money fails to
stretch to meet basic outgoings. We also collect Small
Change for the Small Room, with the coins being spent
on toiletries and personal hygiene items which are
distributed by the City Mission and St Vincent de Paul.

Mount Herbert Parish Newsletter
Please email contributions for the next issue to
mt.herbertparish@xtra.co.nz. You can read the current
issue of the newsletter and back copies at:
www.diamondharbour.info/church-notices.aspx

Mount Herbert Parish Website
For further parish news and information visit
www.mountherbertparish.wordpress.com

Herald Calendar

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
<th>Location or Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art Group</td>
<td>Weds, 9.30am-12noon</td>
<td>Church Hall</td>
</tr>
<tr>
<td>Baby &amp; Toddlers</td>
<td>Tue Oct 6 &amp; 20</td>
<td>p19</td>
</tr>
<tr>
<td>Ballet - Harbour Basin Dance</td>
<td>Sats, 9.15am</td>
<td>Hall</td>
</tr>
<tr>
<td>Bridge Club</td>
<td>Weds, 6.50pm</td>
<td>Bowling Club. Ph 329 4868</td>
</tr>
<tr>
<td>Camera Club</td>
<td>Tue Oct 20, 7.30pm, Stage Room</td>
<td>p12</td>
</tr>
<tr>
<td>Civil Defence Exercise</td>
<td>Sat Oct 17.</td>
<td>p15</td>
</tr>
<tr>
<td>Civil Defence Shakedown</td>
<td>Thu Oct 15.</td>
<td>p12</td>
</tr>
<tr>
<td>Croquet Club Open Day</td>
<td>Sat Oct 3, 10am, p12</td>
<td></td>
</tr>
<tr>
<td>Croquet Club</td>
<td>Sat 10am, Weds 1.30pm. Sats 10am. p12</td>
<td></td>
</tr>
<tr>
<td>DHCA</td>
<td>Mon Oct 12, 7.30pm, Stage Room</td>
<td>p16</td>
</tr>
<tr>
<td>DH Reserves Comm</td>
<td>Thu Oct 1, 7pm, Stoddart Cott. p12</td>
<td></td>
</tr>
<tr>
<td>Historical Assoc</td>
<td>Tue Oct 13, 7.30pm, Stage Room</td>
<td>p12</td>
</tr>
<tr>
<td>Harbour Singers</td>
<td>Weds, 7.30pm, Stage Room</td>
<td>p14</td>
</tr>
<tr>
<td>Jazz - Harbour Basin Dance</td>
<td>Tues, 4pm, Hall</td>
<td></td>
</tr>
<tr>
<td>Kids Soccer</td>
<td>Fris, 3pm, Hall</td>
<td></td>
</tr>
<tr>
<td>Ladies Probus</td>
<td>Mon Oct 12, 10am, Church Hall</td>
<td></td>
</tr>
<tr>
<td>Lauras Dairy Open/Work Day</td>
<td>Sat Oct 17, 2pm, p12</td>
<td></td>
</tr>
<tr>
<td>Line Dancing</td>
<td>Weds, 1.30pm, Hall. p14</td>
<td></td>
</tr>
<tr>
<td>Medical Centre hours</td>
<td>p15</td>
<td></td>
</tr>
<tr>
<td>Mens Probus</td>
<td>Thu Oct 1 &amp; Nov 5, 10am, Rugby Club</td>
<td></td>
</tr>
<tr>
<td>Mindfulness Meditation</td>
<td>Tues, 6.30pm, Ph 329 3032</td>
<td></td>
</tr>
<tr>
<td>Music &amp; Poetry</td>
<td>Sat Nov 14, 6.30pm, Godley Café. p15</td>
<td></td>
</tr>
<tr>
<td>Mushroom Compost</td>
<td>Sat Oct 17, 8am, Fire Station, p15</td>
<td></td>
</tr>
<tr>
<td>Orton Bradley Park Spring Fair</td>
<td>Sun Oct 25, p14</td>
<td></td>
</tr>
<tr>
<td>Playcentre</td>
<td>Mon, 9am-12noon, p3</td>
<td></td>
</tr>
<tr>
<td>Playcentre AGM</td>
<td>Mon Oct 19, 12pm Playcentre. p15</td>
<td></td>
</tr>
<tr>
<td>Rainbow Music</td>
<td>Tues Oct 13 &amp; 27, p19</td>
<td></td>
</tr>
<tr>
<td>Running Group</td>
<td>Suns, 8am, p14</td>
<td></td>
</tr>
<tr>
<td>Sea Scouts</td>
<td>Tues, 3.30pm</td>
<td></td>
</tr>
<tr>
<td>Shopping Van</td>
<td>Oct 7 &amp; 31, p19</td>
<td></td>
</tr>
<tr>
<td>Stoddart Cottage 150th</td>
<td>Oct 17-26 Cottage &amp; Hall. p13</td>
<td></td>
</tr>
<tr>
<td>Tai Chi</td>
<td>Thu 11-12noon, Com Hall, p14</td>
<td></td>
</tr>
<tr>
<td>Tennis Club</td>
<td>Suns 9.30am, Waipapa Courts</td>
<td></td>
</tr>
<tr>
<td>Tennis Club AGM</td>
<td>Sun Oct 11, 10.45am, clubrooms. p12</td>
<td></td>
</tr>
<tr>
<td>Timebank Drop-in</td>
<td>Fris, 11am Godley Café.</td>
<td></td>
</tr>
<tr>
<td>Toastmasters</td>
<td>Weds Oct 14 &amp; 28, 7.30pm, Church Hall p13</td>
<td></td>
</tr>
<tr>
<td>Toy Library</td>
<td>Sats 10am, Community Hall. p13</td>
<td></td>
</tr>
<tr>
<td>Woolfun Day</td>
<td>Sat Oct 10, 3 Doris Faigan Dr. p12</td>
<td></td>
</tr>
<tr>
<td>Yoga</td>
<td>Mon, Tue Thu, Fri, Stage Room. p12</td>
<td></td>
</tr>
</tbody>
</table>

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